

Hand-Held Meets Healthy!



GREAT FOOD...not guilt food!™

GymBurrito and GymBurrito Jr. frozen burritos provide what today's active lifestyle consumers really want: convenience and flavor without sacrificing wholesomeness! Now you can offer your customers an easy to prepare yet satisfying meal they can 'eat-on-the-go', tastes great and truly is good for them!

5 TASTY VARIETIES!





- Excellent source of fiber & protein
- No preservatives / All natural
- Whole grain tortillas
- Extra lean poultry
- Easy hand-held convenience
- USDA inspected & HACCP regulated

Ground Turkey 10.5 oz Net Wt.

Nutrition Facts		Amount / Serving	% DV*	Amount / Serving	% DV*
Total Fat 8g			13%	Total Carb. 34g	11%
Sat. Fat 2.5g			14%	Fiber 14g	56%
Trans Fat 0g				Sugars 1g	
Cholest. 60mg			19%	Protein 46g	92%
Sodium 650mg			27%		
Vitamin A 10% • Vitamin C 6% • Calcium 20% • Iron 20%					

Serv. Size 1 Burrito (298g)
Servings 1
Calories 370
Fat Cal. 70

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: COOKED TURKEY BREAST MEAT, WHOLE GRAIN WHEAT TORTILLA (WATER, PEA FIBER AND/OR OAT FIBER, WHOLE GRAIN WHEAT FLOUR, VITAL WHEAT GLUTEN, ISOLATED SOY PROTEIN, CANOLA OIL, ISOLATED PEA PRODUCT, GUAR GUM AND/OR XANTHAN GUM AND/OR LOCUST BEAN GUM, MONO-DIGLYCERIDES, SEA SALT, BAKING POWDER [CORNSTARCH, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE], YEAST, L-CYSTEINE 40 [AMINO ACID]), EGG WHITES, WATER, REDUCED FAT CHEDDAR CHEESE (PASTEURIZED PART SKIM MILK, SALT CULTURES, ENZYMES, ANNATTO), REDUCED FAT JACK CHEESE (PASTEURIZED PART SKIM MILK, SALT CULTURES, ENZYMES), PINTO BEANS, SEASONING (SPICES, DEHYDRATED GARLIC AND ONION, PAPRIKA, SALT), LIME JUICE, SERRANO CHILIES, SEA SALT.



Soyrizo & Egg 10.5 oz Net Wt.

Nutrition Facts		Amount / Serving	% DV*	Amount / Serving	% DV*
Total Fat 15g			24%	Total Carb. 37g	12%
Sat. Fat 3g			15%	Fiber 16g	66%
Trans Fat 0g				Sugars 3g	
Cholest. 10mg			3%	Protein 35g	71%
Sodium 860mg			36%		
Vitamin A 0% • Vitamin C 4% • Calcium 15% • Iron 15%					

Serv. Size 1 Burrito (298g)
Servings 1
Calories 400
Fat Cal. 140

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: COOKED EGG WHITES, WHOLE GRAIN WHEAT TORTILLA (WATER, PEA FIBER AND/OR OAT FIBER, WHOLE GRAIN WHEAT FLOUR, VITAL WHEAT GLUTEN, ISOLATED SOY PROTEIN, CANOLA OIL, ISOLATED PEA PRODUCT, GUAR GUM AND/OR XANTHAN GUM AND/OR LOCUST BEAN GUM, MONO-DIGLYCERIDES, SEA SALT, BAKING POWDER [CORNSTARCH, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE], YEAST, L-CYSTEINE 40 [AMINO ACID]), SOY CHORIZO (WATER, TEXTURED SOY PROTEIN [CARAMEL COLOR]), EXPPELLER PRESSED CANOLA OIL, WHITE VINEGAR (DISTILLED FROM CORN), SEASONING (SPICES, DEXTROSE, PAPRIKA, ONION POWDER, GARLIC POWDER), SOY PROTEIN CONCENTRATE, SALT, XANTHAN GUM, OLEORESIN PAPRIKA (SOYBEAN OIL), WATER, PINTO BEANS, REDUCED FAT CHEDDAR CHEESE (PASTEURIZED PART SKIM MILK, SALT CULTURES, ENZYMES, ANNATTO), REDUCED FAT JACK CHEESE (PASTEURIZED PART SKIM MILK, SALT CULTURES, ENZYMES), SEASONING (SPICES, GARLIC AND ONION POWDER, PAPRIKA), NEW MEXICO CHILE POWDER, BLACK PEPPER, LIME JUICE, SERRANO CHILIES, SEA SALT.



Green Chile & Chicken 10.5 oz Net Wt.

Nutrition Facts		Amount / Serving	% DV*	Amount / Serving	% DV*
Total Fat 9g			14%	Total Carb. 41g	14%
Sat. Fat 3g			15%	Fiber 14g	55%
Trans Fat 0g				Sugars 1g	
Cholest. 75mg			26%	Protein 47g	94%
Sodium 540mg			22%		
Vitamin A 4% • Vitamin C 10% • Calcium 20% • Iron 20%					

Serv. Size 1 Burrito (298g)
Servings 1
Calories 410
Fat Cal. 80

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: COOKED CHICKEN BREAST MEAT, WHOLE GRAIN WHEAT TORTILLA (WATER, PEA FIBER AND/OR OAT FIBER, WHOLE GRAIN WHEAT FLOUR, VITAL WHEAT GLUTEN, ISOLATED SOY PROTEIN, CANOLA OIL, ISOLATED PEA PRODUCT, GUAR GUM AND/OR XANTHAN GUM AND/OR LOCUST BEAN GUM, MONO-DIGLYCERIDES, SEA SALT, BAKING POWDER [CORNSTARCH, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE], YEAST, L-CYSTEINE 40 [AMINO ACID]), WATER, GREEN CHILIES (GREEN CHILES, WATER, CITRIC ACID), RICE, PINTO BEANS, REDUCED FAT CHEDDAR CHEESE (PASTEURIZED PART SKIM MILK, SALT CULTURES, ENZYMES, ANNATTO), REDUCED FAT JACK CHEESE (PASTEURIZED PART SKIM MILK, SALT CULTURES, ENZYMES), LIME JUICE, SEASONING (DEHYDRATED ONION AND GARLIC, SALT, SOY FLOUR, SPICES), SERRANO CHILIES, CANOLA OIL, SEA SALT, JALAPENO CHILIES.



Red Chile & Chicken 10.5 oz Net Wt.

Nutrition Facts		Amount / Serving	% DV*	Amount / Serving	% DV*
Total Fat 9g			14%	Total Carb. 42g	14%
Sat. Fat 3g			15%	Fiber 15g	58%
Trans Fat 0g				Sugars 1g	
Cholest. 75mg			26%	Protein 47g	94%
Sodium 380mg			16%		
Vitamin A 15% • Vitamin C 10% • Calcium 20% • Iron 20%					

Serv. Size 1 Burrito (298g)
Servings 1
Calories 410
Fat Cal. 80

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: COOKED CHICKEN BREAST MEAT, WHOLE GRAIN WHEAT TORTILLA (WATER, PEA FIBER AND/OR OAT FIBER, WHOLE GRAIN WHEAT FLOUR, VITAL WHEAT GLUTEN, ISOLATED SOY PROTEIN, CANOLA OIL, ISOLATED PEA PRODUCT, GUAR GUM AND/OR XANTHAN GUM AND/OR LOCUST BEAN GUM, MONO-DIGLYCERIDES, SEA SALT, BAKING POWDER [CORNSTARCH, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE], YEAST, L-CYSTEINE 40 [AMINO ACID]), WATER, TOMATO SAUCE, RICE, PINTO BEANS, REDUCED FAT CHEDDAR CHEESE (PASTEURIZED PART SKIM MILK, SALT CULTURES, ENZYMES, ANNATTO), REDUCED FAT JACK CHEESE (PASTEURIZED PART SKIM MILK, SALT CULTURES, ENZYMES), SEASONING (SPICES, GARLIC AND ONION POWDER, PAPRIKA), NEW MEXICO CHILE POWDER, BLACK PEPPER, LIME JUICE, SERRANO CHILIES, SEA SALT.



Jr. Chicken 5.5 oz Net Wt.

Nutrition Facts		Amount / Serving	% DV*	Amount / Serving	% DV*
Total Fat 6g			10%	Total Carb. 23g	8%
Sat. Fat 2.5g			13%	Fiber 9g	34%
Trans Fat 0g				Sugars 0g	
Cholest. 45mg			14%	Protein 26g	52%
Sodium 280mg			12%		
Vitamin A 2% • Vitamin C 6% • Calcium 15% • Iron 10%					

Serv. Size 1 Burrito (156g)
Servings 1
Calories 240
Fat Cal. 60

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: WHOLE GRAIN WHEAT TORTILLA (WATER, PEA FIBER AND/OR OAT FIBER, WHOLE GRAIN WHEAT FLOUR, VITAL WHEAT GLUTEN, ISOLATED SOY PROTEIN, CANOLA OIL, ISOLATED PEA PRODUCT, GUAR GUM AND/OR XANTHAN GUM AND/OR LOCUST BEAN GUM, MONO-DIGLYCERIDES, SEA SALT, BAKING POWDER [CORNSTARCH, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE], YEAST, L-CYSTEINE 40 [AMINO ACID]), COOKED CHICKEN BREAST MEAT, WATER, REDUCED FAT CHEDDAR CHEESE (PASTEURIZED PART SKIM MILK, SALT CULTURES, ENZYMES, ANNATTO), REDUCED FAT JACK CHEESE (PASTEURIZED PART SKIM MILK, SALT CULTURES, ENZYMES), TOMATO SAUCE, RICE, PINTO BEANS, MILD GREEN CHILIES, SEASONING (SPICES, DEHYDRATED GARLIC AND ONION, SALT, PAPRIKA), LIME JUICE, SEA SALT.



Item Code	Gymburrito Variety Name	UPC - MFG #8 93602		Pack	Unit Size	Sleeve Dimensions			Sleeve Net Wt.	Master Case Dimensions			Case Wt.	Configuration		
		Sleeve	Package			L	W	H		L	W	H		Pallet	Ti	Hi
0100	Ground Turkey	00150 2	00100 7	4 / 8	10.5 oz	9.313"	6.75"	3.375"	5.75 lb	15"	9.875"	8.5"	24 lb	60	12	5
0110	Green Chile & Chicken	00151 9	00110 6	4 / 8	10.5 oz	9.313"	6.75"	3.375"	5.75 lb	15"	9.875"	8.5"	24 lb	60	12	5
0111	Red Chile & Chicken	00152 6	00111 3	4 / 8	10.5 oz	9.313"	6.75"	3.375"	5.75 lb	15"	9.875"	8.5"	24 lb	60	12	5
0120	Soyrizo & Egg	00155 7	00120 5	4 / 8	10.5 oz	9.313"	6.75"	3.375"	5.75 lb	15"	9.875"	8.5"	24 lb	60	12	5
0112	Jr. Chicken	00153 3	00112 0	4 / 12	5.5 oz	9.313"	6.75"	3.375"	4.5 lb	15"	9.875"	8.5"	19 lb	60	12	5

